



February

HS/MS Lunch Menu

Woodstown/Pilesgrove

Ⓥ = Vegetarian Ingredients ⓄGF = Gluten-Free Ingredients

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.
 Click here to view your lunch account:
www.schoolpaymentportal.com



Veggie Grab Bag:
Daily Raw Veggie Choices
 Carrots, Cucumbers, Celery
 Hummus of the Month,
 Broccoli, Mixed Bag

Choose 1 Entrée
 Includes 2 Fruit & 2 Veggie Choices!

Fresh/Cupped/Juice + **Cooked/Raw Veggie Patch**
PICK 2 FRUITS + **PICK 2 VEGGIES**

THINK BALANCE!
 A Balanced Tray Includes...
 Grain ~ Protein ~ Fruit ~ Vegetable ~ Milk

Lunch Prices: Regular Lunch: \$3.00 ~ Extra Entrée: \$2.50 ~ Reduced: \$0.40 ~ Adult: \$4.00 ~ Milk: \$0.55
 Food Service Director: Drema LaGrotta
 WTN@nsfm.com Phone: 856-769-0144 ext 55233 *Menu subject to change



Celebrate Groundhog Day!

Pizza Dippers
 W/ Sauce Ⓥ
Sides:
 Caesar Salad-**Groundhog Pudding**
 Mixed Patch w/ Ranch

Superbowl Monday!	Chinese New Year!	Wednesday-February 6	Thursday-February 7	Friday-February 8
"Kick Off" Fish Sticks <u>Sides:</u> Old Bay Potatoes Mixed Patch w/ Hummus/Ranch	General Tso's Chicken Over Rice <u>Sides:</u> Steamed Broccoli- Fortune Cookie Mixed Patch w/ Hummus/Ranch	Cheese Steak W/ Peppers & Onions <u>Sides:</u> Green Beans Mixed Patch w/ Ranch	Popcorn Chicken Bowl w/ a Mini Biscuit <u>Sides:</u> Mashed Potatoes & Corn Mixed Patch w/ Ranch	PAPA LUIGI'S Pizza By The Slice Ⓥ <u>Sides:</u> Garden Salad Mixed Patch w/ Ranch
Monday-February 11	Tuesday-February 12	Wednesday-February 13	Valentine's Day!	Friday-February 15
Pancakes w/ Blueberries & Sausage link <u>Sides:</u> Diced Potato Mixed Patch w/Hummus/Ranch	Nachos Grande ⓄGF w/ Corn Chips & Toppings <u>Sides:</u> Rainbow Veggie Medley Mixed Patch w/ Hummus/Ranch	WOODSTOWN SPECIAL Hot Ham & Cheese On a Kaiser roll <u>Sides:</u> Green Beans—Mixed Patch w/ Ranch	Chicken Fries w/ a Dinner Roll <u>Sides:</u> Cheesy Spinach- Sweetheart Jello Mixed Patch w/ Ranch	Pizza Dippers W/ Sauce Ⓥ <u>Sides:</u> Caesar Salad Mixed Patch w/ Ranch
Monday-February 18	Tuesday-February 19	Wednesday-February 20	Thursday-February 21	Friday-February 22
 Presidents' Day No School	Meatball Parmesan On a Torpedo Roll <u>Sides:</u> Sweet Potato Fries Mixed Patch w/ Hummus/Ranch	Hot Turkey Sandwich W/ Dried Cranberries <u>Sides:</u> Rainbow Veggie Medley Mixed Patch w/ Ranch	Chicken Patty On a bun <u>Sides:</u> Baked Beans Mixed Patch w/ Ranch	PAPA LUIGI'S Pizza By The Slice Ⓥ <u>Sides:</u> Garden Salad Mixed Patch w/ Ranch
Monday-February 25	Tuesday-February 26	National Strawberry Day!	Thursday-February 28	
Grilled Cheese w/ Tomato Soup <u>Sides:</u> Steamed Broccoli Mixed Patch w/Hummus/Ranch	Taco Twins w/ Soft Shells & Toppings <u>Sides:</u> Glazed Carrots Mixed Patch w/ Hummus/Ranch	Buttered Pasta Parm W/ Garlic Stick <u>Sides:</u> Strawberry Cup -Steamed Spinach Mixed Patch w/ Ranch	BBQ Pulled Pork Sandwich On a Kaiser roll <u>Sides:</u> Butternut Squash Mixed Patch w/ Ranch	

This institution is an equal opportunity provider. Milk: Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid