

Best Practices for the Return to Hybrid Instruction

- 1) Screen your child daily for COVID-like symptoms.
 - a) Fever or chills
 - b) Cough
 - c) Shortness of breath/difficulty breathing
 - d) Fatigue
 - e) Muscle or body aches
 - f) Headache
 - g) New loss of taste or smell
 - h) Sore throat
 - i) Congestion or runny nose
 - j) Nausea or vomiting
 - k) Diarrhea

- 2) If your child presents with:
At least 2 of the following symptoms-fever, chills, shivers, muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose

OR

At least one of the following symptoms:cough, shortness of breath, difficulty breathing, loss of smell or loss of taste

In Orange phase, which we are currently in, your child will be “presumed positive” and will have to isolate for ten days from symptom onset and at least 24 hours after resolution of fever without fever reducing medication with symptom improvement or produce a negative viral test (molecular or antigen) for SARS-CoV-2

- 3) If your child has symptoms, err on the side of caution and keep your child home.
 - a) Contact the school nurse for guidance

Other reminders:

- 1) If your child travels out of state, please observe the recommended 10 days of quarantine beginning from the date of return. Please contact the school nurse to let her know that you have or will be traveling. If you have your child tested within 3-5 days after return and they are negative their quarantine will be shortened to 7 days.
- 2) Make sure your child knows how to properly wear a mask and provide an extra mask in their school bag just in case; masks must be worn at all times during the school day and on the bus
- 3) Remind your child to frequently wash hands and use hand sanitizer throughout the day (hand sanitizer stations are located inside all classrooms and throughout the hallways as well as outside all bathrooms)

Our goal is to keep as many students in-person for as long as possible and hopefully move to our next phase which would bring all students in 4 days a week. We need everyone's help to do that and to have a smooth transition back to in-person learning. When in doubt, keep your child home and contact the school nurse for next steps. Thank you for your cooperation in helping us successfully return to in-person instruction.